



Our Lady's Parish, Stowmarket

Tel. 01449 612 946 + Fr Simon Leworthy, PP + 30th July, 2023



SACRED LITURGY

Saturday, (*Vigil, Woolpit*), 6pm - The Work of SPUC

Sunday, 8.30am - *Mass for the Parish*

10.15am - + Allan Scott (Pellegrotti)

Monday, 10am - Marjorie Shorter (*birthday intention*)

Tuesday, 10am - Youth gathering in Lisbon for WYD, 2023

Wednesday, 10am - + Fr Tom Shanahan

Thursday, 10am - + Fr Valentine Schoolpoff

Friday, 10am - + Fr Andrew Smith, O.Praem.

FEASTS DURING THE WEEK - Sunday: *St Peter Chrysologus*; Monday: *St Ignatius Loyola*; Tuesday: *St Alphonsus Ligouri*; Wednesday: *St Eusebius of Vercelli*, *St Peter Julian Eymard*; Friday: *St John Vianney*.

Simple Exposition of the Blessed Sacrament:

Thurs. 9-9.45

Confessions - Saturdays:

10 - 10.45am, Stowmarket; 5.30 - 5.50pm, Woolpit

OUR SICK/HOUSEBOUND - especially: Toni Grzedzicki, Terri Thornton, Veronica Hughes, Marjorie Shorter, Geoffrey Johannes, Nuala Rickards - are remembered in the "*Mass for the Parish*" each weekend. Please do pray for them.

RECENTLY DECEASED - George McGregor, Allan Scott, Tom O'Hagan.

ANNIVERSARIES - John Balfe, Albert Case, Joyce Keenan, Terence Knatt, Mary Archer, George Senior, Bob Rednall, Len Gray, Mary Harper, Rosina Harrel, Julia Freeman, Jonathan Ruane, Edward Gillard, Mary Haseldine, Ethel Keucher, Hilda Bolton.

Collections last week -

Vigil (*Woolpit*) £190

Sunday £506

Thank you

2nd Collection THIS weekend: *White Flower Appeal*

VARIOUS CONTACTS

Parish Website - www.ourladystowmarket.org.uk

Items for Bulletin - pp@ourladystowmarket.org.uk

PPC Chair - Mrs Josephine Lea

Centre Bookings - Mrs Diane Bowden (01449 672527)

Missions - Mrs Annie Bowen-Wright

Stowmarket & District Foodbank - Mrs Josephine Lea

CAFOD - Mrs Pat Keating.

Safeguarding - Maria Whiting (01449 613681) and Paul McIntee (07860511487)

Please check your post-box regularly for communications.

FOOD BANK UPDATE: If you can donate any goods, they can be left either in the Narthex or in the *Catholic Centre*. Any cash donations can be put into the *Centre* letter box in an envelope marked "FOOD BANK". *Please be as generous as you can during these times.*

Seminarian, Dr Anthony Reilly - is with us for the summer holidays. Currently he is on the diocesan leadership team at *World Youth Day*, in Portugal. Anthony will be praying for us at the Shrine of Fatima.

DATES FOR YOUR DIARY

Plant and Cake Sale - Sunday, 13th August, after both Masses, in the *Centre*.

Coffee & Chat - has finished for the Summer, and will recommence on 14th September.

Coffee today - in the *Catholic Centre* after 10.15 Mass

Catholic Listening & Prayer Ministry - confidential support for over 18s. *See notice board and cards in the Narthex.*

St Cyprian of Carthage: "On the Pater Noster"



GOD, AMONG THE rest of His salutary admonitions and divine precepts wherewith He counsels His people for their salvation, Himself also gave a form of praying, and He advised and instructed us what we should pray for.

HE WHO MADE us to live, taught us also to pray, with that same benignity, to wit, wherewith

He has condescended to give and confer all things else; in order that while we speak to the Father in that prayer and supplication which the Son has taught us, we may be the more easily heard.

ALREADY HE HAD foretold that *the hour was coming when the true worshippers should worship the Father in spirit and in truth*; and He thus fulfilled what He before promised, so that we who by His sanctification have received the Spirit and truth, may also by His teaching worship truly and spiritually. For what can be a more spiritual prayer than that which was given to us by Christ, by whom also the Holy Spirit was given to us?

WHAT PRAYING TO the Father can be more truthful than that which was delivered to us by the Son who is the Truth, out of His own mouth? So that to pray otherwise than He taught is not ignorance alone, but also sin; since He Himself has established, and said, *You reject the commandments of God, that you may keep your own traditions.*

Society for the Protection of Unborn Children (SPUC)

As well as the *White Flower Appeal*, we can to send a postcard to the Prime Minister and/or sign the petition in regard to ending abortion here and worldwide.

Mobile 'phones - please remember to turn off mobile 'phones upon entering the church.