



# Our Lady's Parish, Stowmarket

Tel. 01449 612 946 + Fr Simon Leworthy, PP + 19<sup>th</sup> September, 2021



## SACRED LITURGY

Saturday (*Vigil*), 6pm - + Bishop Henry Kennedy

Sunday, 8.30am - "*Mass for the Parish*"

10.15am - + John Campbull (Harrison)

Monday, 10am - + Fr Harry Leis

Tuesday, 10am - + Fr Peter Lyons

Wednesday, 10am - + George Greaves (Foundation Mass)

Thursday, 10am - + Fr Eugene McCaffrey, ODC (Ford)

Friday, 10am - Episcopal Election

Exposition & Adoration of the Blessed Sacrament -  
Thursdays, 9-10.45am

Confessions - Saturdays, 10-10.45am

Our Sick and Housebound - are remembered in  
the "*Mass for the Parish*" each weekend.

Recently Deceased - Fr Eugene McCaffrey,  
ODC, Michael McBrien, John Campbull,  
Josephine Miller.

Anniversaries - Betty Stephenson, Ann Fosdick,  
Frank Freeman, Vi Doherty, Nina Woolmore,  
George Greaves, John Drinkall, Anna Sugrue,  
John Finn, Kathleen Babbington.

Collections last week -

Vigil £182

Sunday Masses £515

Thank you

2<sup>nd</sup> Collection THIS week for *Home Mission*.

## VARIOUS CONTACTS

PPC Chair - Mrs Josephine Lea (01449 721544)

Centre Bookings - Mrs Diane Bowden (01449 672527)

Stowmarket & District Foodbank - Contact: Mrs Josephine Lea

Parish Website - [ourladystowmarket.org.uk](http://ourladystowmarket.org.uk)

Items for Bulletin - [pp@ourladystowmarket.org.uk](mailto:pp@ourladystowmarket.org.uk)

**Stowmarket Foodbank** - If you are able to donate  
any goods, they can be left either in the narthex of  
the church or in the Parish Centre. Current urgent  
needs shampoo, shower gel and packets of  
savory rice.. Any cash donations can be put into  
the Parish Centre letter box in an envelope  
marked "*Food Bank*." Your continued support is  
appreciated.

**Missions** - If you have a full Red Box at home,  
please bring it in to the Sacristy. Donations may,  
also, be made, at present, via the options on the  
*Missio* website: [missio.org.uk](http://missio.org.uk)

**CAFOD** - next *Family Fast Day* is 1<sup>st</sup> October.  
Envelopes may be placed in the Collection or sent  
direct.

**Morning Tea** will be available today, once again,  
following the 10.15 Mass. It will be served upstairs  
in the Hall.

**Holy Baptism** - The Parish rejoices with the  
recently baptized and their families: Hugo Keane,  
Olive Scott & Daisy Constance.

"**Gate of Heaven-Refuge on Earth**" - Retreat to be  
held at *Clare Priory*, Suffolk. Thursday, 14<sup>th</sup> -  
Sunday, 17<sup>th</sup> October. See Noticeboard for details.

## ST THOMAS AQUINAS - TIPS ON PRAYING BETTER

### **5. Be Humble**

MANY PEOPLE falsely think  
of humility as a virtue of a  
low self-esteem. St.  
Thomas teaches us that  
humility is a virtue of  
acknowledging the truth  
about reality.

SINCE PRAYER, at its  
root, is an "asking"  
directed towards God,  
humility is crucially  
important. Through  
humility we recognize our  
neediness before God.

WE ARE TOTALLY and  
entirely dependent on God for  
everything and at every moment: our  
existence, life, breath, every thought and action.  
As we become more humble, we recognize more  
profoundly our need to pray more.



**First Holy Communion** - Parents, who would like  
their children to prepare for First Communion in  
2022: Please see Father at Sunday Mass for an  
Enrolment Form.

**Position Vacant** - Head of School at *St Mary & St  
Peter Catholic Primary School, Gorleston*,  
required, starting asap or January 22. For an  
application form and further details, please visit  
our MAT website: [www.stjohnthebaptist-cmat.org.uk](http://www.stjohnthebaptist-cmat.org.uk)  
or the school website [https:// smspprimary.co.uk/](https://smspprimary.co.uk/)