



Our Lady's Parish, Stowmarket

Tel. 01449 612 946 + Fr Simon Leworthy, PP + 8th November, 2020



CHURCH OPEN FOR PRIVATE PRAYER

Sat. 10-11am, Sun. 10-11am, Mon. 10-11am, Tues. 10-11am, Wed. 10-11am, Thur. 10-11am, Fri. 10-11am.

Confessions - Saturday, 10 - 10.45am *[Please wear a face mask and sanitise before entering the confessional; and please use the Grill.]*

Exposition & Adoration of the Blessed Sacrament - Each day, during the Lockdown, from 10am until 11am.

Intentions for Masses said Without a Congregation - Sunday - + "Mass for the Parish"

Monday - +Christine Cannon (Lea)

Tuesday - + "All parishioners who died during the last year"

Wednesday - + *Requiem Mass* for the Fallen

Thursday - + All deceased Parish Priests of Stowmarket

Friday - + Christine Cannon (Davey)

Our Sick and Housebound - are remembered in the "Mass For the Parish" each weekend.

Recently Deceased - Christine Cannon, Sr Refugio (*S.de M.*), Margaret Balfe, Pat Savill, Enid Wootton, Sr Lucy Mary Brydon, Joy Rowe.

Anniversaries - Kosta C. Zarcos, Joan Cant, Janek Wankowski, Brian Walsh.

Collections last week -

Vigil Mass - £188

Sunday Masses - £626

Thank you

VARIOUS CONTACTS

PPC Chair - Mrs Josephine Lea (01449 721544)

Centre Bookings - Mrs Diane Bowden (01449 672527)

Stowmarket & District Foodbank - Contact: Mrs Josephine Lea

Parish Website - ourladystowmarket.org.uk

Items for Newsletter - pp@ourladystowmarket.org.uk

Stowmarket Foodbank - This week's urgent needs are sponge puddings, angel delight and tinned hot meats. Shampoo, shower gel, toothpaste and toothbrushes are always gratefully received.

32nd SUNDAY
IN
ORDINARY
TIME



"The Bridegroom is here! Go out and meet him."

CAFOD - *Response to Covid-19*: You can donate at cafod.org.uk/coronavirus or justgiving.com/fundraising/our-lady-s-parish-stowmarket *Contact*: Rosemary Muntus.

Red Mission Boxes - Donations may be made, at present, via the options on the *Missio* website. *Contact*: Rae Corrigan.

The Helping hands Group is a group of fellow parishioners who are available to assist whatever your needs are, especially during the new Lockdown.

There are volunteers who would be happy to be a friendly voice over the telephone, especially if you live alone at this present time. Other volunteers are happy to pick up a prescription or the odd items of shopping if you are unable to go out. This is especially for anyone who feels that they should be shielding at the present moment, we will not be asking for a reason. If you want help, a fellow parishioner is available.

Volunteers cannot come into your home or give you a lift, following the present guidelines, but they are able to come to your door to deliver.

Contact is Paul McIntee Tel: 01359 242074 who will take your message and find someone in the group who can complete the request.

NOVEMBER - MONTH OF THE HOLY SOULS

THE + FOUR + LAST + THINGS

THE CATHOLIC CHURCH has always reminded her children to reflect often, even daily, on *The Four Last Things*: Death, Judgement, Heaven and Hell.



FOR THERE IS nothing better conceived than this powerful meditation to bring forcefully before our minds the essential purpose of life, namely, "to know, love and serve God in this world, and to be happy with Him for ever in Heaven." The saints have recommended it most highly, especially the great Doctor of the Church, St. Alphonsus de Liguori.

EVERY TIME WE make our Communion, we sit at Table with the Risen Lord; and are anticipating the *Marriage Banquet of the Lamb*, at the end of all things, when we shall be with Christ in the Kingdom of Heaven. "Therefore," says St Paul, "let each one examine themselves before they eat of that Bread and drink of that Cup."