

# CATHOLIC PARISH OF OUR LADY, STOWMARKET.

[www.ourladystowmarket.org.uk](http://www.ourladystowmarket.org.uk)

R.C. Diocese of East Anglia - Registered Charity No. 278742

Church of Our Lady, Stricklands Road, Stowmarket IP14 1AP

Saturday Anticipatory Mass at St Mary's Church, Woolpit IP30 9QP

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Parish Newsletter

Sunday, 3<sup>rd</sup> March 2019

## EIGHTH SUNDAY OF THE YEAR

Sunday Readings: Year C. Weekdays: Year 1. Psalter: Week 4

**Memorial Acclamation until Tuesday:**

**We proclaim your Death, O Lord,  
and profess your Resurrection until you come again.**

**(From Ash Wednesday: When we eat this bread...)**



### **Ash Wednesday**

**The Season of Lent** begins on Wednesday. **There will be two Masses in Our Lady's Church, at 10.00 am and 7.30 pm.** Ashes will be blessed and distributed at both Masses as a sign of our repentance and reminder of our human frailty.

### **Ash Wednesday is a DAY OF FAST AND ABSTINENCE.**

The law of **FAST** binds all the faithful who have completed their 21<sup>st</sup> year until the beginning of their 60<sup>th</sup> year to take only one full meal on Wednesday but they are also permitted to take a little food in the morning and evening.

The law of **ABSTINENCE** binds all the faithful who have completed their 14<sup>th</sup> year and forbids the eating of meat on Wednesday.

**Those who are sick or infirm are dispensed from the laws of Fast and Abstinence.**

>> Although neither law is binding on **children** under the age of 15, they should be encouraged to remember of the special penitential nature of Ash Wednesday and to keep to the spirit of Lent in their own way.

>> Good Friday is also a Day of Fast and Abstinence.

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**Centre Bookings:** Mrs Diane Bowden. Tel: 01449-672527

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**Marriage Care (Ipswich and Colchester Centre): 0800-3893801**

***Entrance Antiphon:***

**The Lord became my protector.  
He brought me out to a place of freedom;  
He saved me because he delighted in me.**

***Communion Antiphon:***

**Behold I am with you always,  
Even to the end of the age, says the Lord.**

Dear Brothers and Sisters,

Welcome to Mass of the **Eighth Sunday of the Year.**

**The Liturgy of the Word** is on Page 68 in the Mass Books.

- **Fourth Sunday Preface and Second Eucharistic Prayer today.**
- **No Teas and Coffees** in the Parish Centre today.

**World Food Day**

Do come along to the Cedars Hotel for our World Food Day lunch today beginning after 10.15 Mass, from 11.30 onwards. Teas and coffees and cakes on arrival followed by delicious dishes from around the world to enjoy together courtesy of members of our own international parish community.

**Catholic East Anglia**

Please take your free copy of the March edition of our diocesan newspaper

**Walk with Me - A Journey of Prayer for Lent**

**Walk with Me** prayer booklets for Lent 2019 are on sale now, 50p each, and there are free Lent Calendars for Children to help them to follow Jesus through the penitential season.

### **Lenten Alms**

The Bishop has directed that Lenten Alms this year be received for **Aid to the Church in Need** and for the **Cambridge Nazareth Trust**, which aims to encourage the education of the next generation of Christians in the Holy Land by helping the schools of the Latin Patriarchate of Jerusalem.

### **Last Weekend's Collections**

Parish: Woolpit: £197; Our Lady's: £883. Fabric Fund: £309. Siem Reap: £10 (£495). Thank you all for being so generous.

### **Deanery Lent Station Mass**

Bishop Alan invites you to join him and the people and clergy of the deanery parishes for the Station Mass at 7.00 pm on Thursday 14<sup>th</sup> March in St Edmund's Church, Bury St Edmunds. Before Mass, there will be Exposition of the Blessed Sacrament from 6.00 pm and the Bishop and priests will be available for confessions during that time. Soup and bread served after Mass.

### **Easter Communion**

The time for fulfilling your Easter Duty runs from Ash Wednesday to Trinity Sunday, 16<sup>th</sup> June.

**Rattlesden Benefice Refugee Sponsorship Group (RBRSG)** are organizing a fundraising Ceilidh on Saturday 16 March at Rattlesden Pavilion. More information and details about booking will follow. Cafod+ Group.

**100 Club**: Current members are asked to collect letters from the back of the church and invited to renew their membership for the coming year.

### **Mill Hill Missionaries' Annual Novena to Saint Joseph**

Some petition forms are available at the back of the church if you would to your intentions included in the novena of Masses before St Joseph's Day. Simple complete the form and send it with your donation to the address given on the form.

**Stowmarket and District Foodbank** - Current urgent needs are **Tinned Fruit, Tinned Fish and Sugar**. Thank you again for your support. JL

*Every blessing for the coming holy Season of Lent, Father David.*

**Masses for the Eighth Week of the Year**

**Saturday, 6.00 pm (Woolpit),** *Private intention.*

**8th Sunday: 8.30 am,** *Joe and Teresa Redmond's intentions;* **10.15 am,** *Parish.*

Monday –Feria: No Mass today.

**Tuesday – Feria: 6.30 pm,** *Private intention.*

**ASH WEDNESDAY: Day of Fast and Abstinence**

**10.00 am,** *Private intention.*

**7.30 pm,** *Private intention.*

**Thursday – Lent Feria:**

**10.00 am, FUNERAL MASS FOR JOSEPH FSADNI R.I.P.**

**Friday –S FELIX, Secondary Patron of the Diocese: 8.00 am,** *Vocations*

**Saturday –Lent Feria: 10.00 am,** *Private intention.*

**6.00 pm (Woolpit),** *Private intention.*

**1<sup>st</sup> SUNDAY OF LENT: 8.30 am,** *Jeffrey Woods RIP;* **10.15 am,** *Parish.*

**Exposition of the Blessed Sacrament this week**

**Friday only, 2.00 – 3.30 pm (Benediction at 3.15 pm)**

**Sacrament of Reconciliation (Confessions)**

Saturday, 10.30 – 11.00 am; before Woolpit Mass or by appointment.

**Please pray for our Sick and Housebound**

**Anniversaries of the Faithful Departed:**

Gordon Archer, Josie Gray, Sheri Llewellyn, Peggy Smith, Paul Lingham, Annie Bonner, Ellen O' Sullivan, Lilian Catchpole, and Robert Dalby. R.I.P.

**The Pope's Prayer Intention for March:**

**Recognition of the Right of Christian Communities:**

That Christian communities, especially those who are persecuted, feel that they are close to Christ and have their rights respected.

**Diocesan Cycle of Prayer:**

Parish of Our Lady, Mother of Good Counsel, Clare.